

# Tristis est anima mea

(Betrübt ist meine Seele / Sorrowful Is My Soul)

Latin lyrics: based on Matthew 26: 38, 45

German and English translation: Michael Stern, © Helbling,  
based on the Holy Bible

Music: Jānis Naujalis (1899–1934)

Moderato

Musical score for 'Tristis est anima mea'. The score consists of five staves: Soprano (S), Alto (A), Tenor (T), Bass (B), and Piano (Klavier/Piano). The piano part is indicated as 'für die Probe/' (for rehearsal). The key signature is A major (no sharps or flats). The tempo is 'Moderato'. The lyrics are provided in German and English below the staff.

**Soprano (S):**

**Alto (A):**

**Tenor (T):**

**Bass (B):**

**Piano (Klavier/Piano):**

*Betrübt ist meine Seele  
Sorrowful is my soul*

*bis an den Tod.  
even unto death.*

Continuation of the musical score for 'Tristis est anima mea'. The score consists of five staves: Soprano (S), Alto (A), Tenor (T), Bass (B), and Piano (Klavier/Piano). The key signature is A major (no sharps or flats). The tempo is 'Moderato'. The lyrics are provided in German and English below the staff.

**Soprano (S):**

**Alto (A):**

**Tenor (T):**

**Bass (B):**

**Piano (Klavier/Piano):**

*Sus - ti - ri - te hic et vi - gi - la - te*

*- tem. Sus - ti - ne - te hic et vi - gi - la - te*

*Sus - ti - ne - te hic et vi - gi - la - te*

*- tem. Et vi - gi - la - te*

*Bleibet hier,  
Tarry ye,*

*bleibet hier  
tarry ye*

*und wachet mit mir,  
and watch with me,*

12

me - - - cum, et vi - gi - la - te me - cum. - de - bi-tis tur -

me - - - cum, et vi - gi - la - te me - cum. vi - de - bi-tis tur -

te me - cum, et vi - gi - la - te cum. Nunc vi - de - bi-tis tur -

me - - - cum, et vi - gi - la - te cum. Nunc vi - de - bi-tis tur -

me - - - cum, et vi - gi - la - te cum. Nunc vi - de - bi-tis tur -

und wach - mir.  
and wak - th me.

Nun werdet ihr die Menge sehen,  
Now you shall see the crowd,

23

Vos fu-gam ca-pi - e - tis, vos fu-gam ca-pi - e - tis, et  
Vos fu-gam ca-pi - e - tis, vos fu - gam ca - e - tis, et  
Vos fu - gam ca - e - tis, et  
Ihr werdet die Flucht ergreifen,  
You will take flight,  
will ta -  
und ich,  
and I,

27

go, et e - go va - dam im - mo - la - ri pro vo - - - bis.  
go, et e - go va - dam im - mo - la - ri pro vo - - - bis.  
go, et e - go va - dan im - mo - la - ri pro vo - - - bis.  
go, et e - go va - dam im - mo - la - ri pro vo - - - bis.

und ich werde gehen  
and I will go  
um geopfert zu werden  
to be sacrificed  
für euch.  
for you.

33

*p*

Ec - ce, ap - pro-pin - quat ho - - - ra, et us - mi -

*p*

Ec - ce, ap - pro-pin - quat ho - - - et hi - li -

*p*

8 Ec - ce, ap - pro-pin - quat ho - fi - li -

*p*

Ec - ce, ap - pro-pin - quat ho - et fi - li -

*p*

Siehe, die Stunde naht heran,  
Behold, the hour is approaching,

*f*

11 der Menschensohn  
...the Son of man

38

*rit.*

nis tra - de - tur in ma - nus pec - ca - to - rum.

us ho - mi tra - de - tur in ma-nus pec - ca - to - rum.

8 us ho - nis tra - de - tur in ma - nus pec - ca - to - rum.

us - mi nis tra - de - tur in ma - nus pec - ca - to - rum.

wird übergeben werden in die Hände der Sünder.  
will be delivered into the hands of sinners.